# Newaygo County Mental Health Minutes of the Regular Meeting January 12, 2023

10:00 a.m.

#### Call to Order/Welcome/Prayer

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair DeLaat at 10:00 a.m. on Thursday, January 12, 2023 in the Board Conference Room.

Member Taube opened the meeting with prayer.

#### Roll Call

Members Present: Ralph Bell, Sarah Boluyt, Kathy Broome, Ken DeLaat, Catherine

Kellerman, Bryan Kolk, Todd Koopmans, Wayne Mast, Michelle Petz,

Tonya Prewitt, Helen Taube, and Sue Twing

Others Present: Carol Mills, CEO; Jeff Labun, COO; Denise Russo-Starback, Clinical

Director; Shannon Woodside, recording secretary; Kathleen Smith,

RN/Case Manager

#### **Communications from the Public**

Member DeLaat welcomed new board member, Tonya Prewitt.

# Approval of Agenda

**Motion** by Member Kolk, supported by Member Mast, to approve the agenda as presented. No discussion; motion carried unanimously.

# **Approval of Regular Minutes**

**Motion** by Member Kellerman, supported by Member Mast, to approve the minutes of the Regular Board meeting of December 8, 2022 as presented. No discussion; motion carried unanimously.

#### Presentation

Kathleen Smith, RN/Case Manager presented on Self-determination. Self-determination is a process of which a person controls their own life. This is helping someone live their life the they would like to. Right to direct their own choices to make them as independent as possible. We help them with services that we can provide to live as independently as possible. Self-management, help them finding a support system. Questions were addressed.

# **Directors Update**

Reviewed Director Mills written report with questions addressed.

#### **Executive Committee**

Next meeting is January 26, 2023 at 10:30 a.m.

#### Finance

Check Register and Cash Statement were reviewed with inquiries addressed by Jeff Labun, Chief Operating Officer.

No meeting scheduled.

# **Policy Committee**

No meeting scheduled.

# **Recipient Rights**

Next meeting is February 13, 2023 at 10:00 a.m.

# **Consumer Advisory Committee (CAC)**

No meeting scheduled.

# **Promotion & Education Committee**

No meeting scheduled.

# Mid-State Health Network (MSHN)

Member DeLaat and Member Twing reported on the following:

- Director Sedlock had a good evaluation
- Strategic planning meeting will take place in May
- As of March 31<sup>st</sup>, a review of everyone on Medicaid will be taking place over a 14 month period.

# **Community Mental Health Association (CMHA)**

Member Kellerman reported on the following:

- Robert Sheehan and Alan Bolter are working on getting Direct Care Workers wages of \$15 through the State.
- PAC donations help with educating the new legislators

#### **Communications from the Public**

Member Kolk inquired about having a booth at local career fairs. Director Mills will pass on to our Human Resource Director.

#### Adjournment

Motion by Member Boluyt, supported by Member Bell, to adjourn the meeting at 11:31 a.m. No discussion; motion carried unanimously.

Ken DeLaat, Chair	Helen Taube, Secretary

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